

THE SUGAR DOCTOR

By Tara Whitewood



Kinaesthetic Words & Phrases

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touch feel grasp

get hold of slip through catch on tap into

make contact throw out turn around

hard unfeeling concrete scrape

get a handle solid

Boils down to All washed up

Chip off the old block Come to grips with

Control yourself Cool/calm/collected

Firm foundations Get a handle on Get a load of this

Get in touch with Get the drift of Get your goat

Hand in hand Hang in there Heated argument

Hold it! Hold on!

Hothead Keep your shirt on Know-how

Lay cards on table Pain-in the neck

Pull some strings Sharp as a tack Slipped my mind

Smooth operator So-so Start from scratch

Stiff upper lip Stuffed shirt Too much of a hassle

Topsy-turvy